**FRIDAY 8 JULY 2016 (only first authors listed)**

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<tr>
<th>Time</th>
<th>Regency</th>
<th>Chartwell</th>
<th>Edinburgh</th>
<th>Gloucester</th>
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<tr>
<td>9:15</td>
<td>Welcome (Regency) Jill Mytton, Chair of Conference Committee</td>
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<tr>
<td>9:30</td>
<td>Keynote (Regency) The Improving Access to Psychological Therapies (IAPT) Programme: Background, Strengths, Weaknesses and Future Direction Professor David Clark, University of Oxford</td>
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| 11:00 | Invited Session Reflections on a Psychological Journey Professor Jamie Hacker Hughes – BPS Vice- President  
5507 Workshop Preparing for your doctoral viva workshop Rachel Tribe, UEL  
5442 Paper The lived experience of transgender people in Australia: Counselling Psychology and the transition process Catriona Davis-McCabe, Curtin University  
5494 Paper Super-Functioning and recovery: Counselling Psychology at another crossroads? Marko Turner, Uniting Recovery Mental Health |
| 11:30 |  
5490 Paper Existential Psychotherapy, cancer and religious  
5474 Paper Joy and laughter in the therapy room – A grounded theory  
5490 Paper Positive cultural belief about adversity predicts posttraumatic growth in Chinese young adults Kathleen Alias Hiu-Man Chim, University of Salford |
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<tr>
<th>Time</th>
<th>Paper</th>
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<tbody>
<tr>
<td>11:45</td>
<td>5487 Paper</td>
<td>Journey with the editors of the new Handbook of Counselling Psychology 4th Edition</td>
<td>Clinical practice with trans and non-binary people</td>
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<td>Nicholas Sarantakis, Glasgow Caledonian University</td>
<td>Christina Richards, Nottingham Centre for Gender Dysphoria</td>
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<tr>
<td>12:00</td>
<td>5523 Paper</td>
<td>Assessing the stress and resilience levels amongst health care workers providing emergency obstetric care in Sierra Leone</td>
<td>Recovery Focused Care Transfer (ReFleCT): Fostering optimism and hope with clients prior to their discharge from secondary care</td>
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<td>Judith Ormrod, University of Manchester</td>
<td>Coleen Mercer-Quinn, TEWV NHS Foundation Trust</td>
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<th>Time</th>
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<tbody>
<tr>
<td>12:30</td>
<td>Lunch (Ambassador)</td>
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<tr>
<td>13:00</td>
<td>Sage Book Launch with desserts (Ambassador)</td>
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<tr>
<td>13:30</td>
<td>5341 Symposium Counselling Psychology from an international perspective Helen Nicholas, University of Worcester</td>
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<tr>
<td>Time</td>
<td>Session</td>
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| 14:30  | Paper 1  
Counselling Psychology around the world  
*Helen Nicholas, University of Worcester*  
Paper 2  
Counselling Psychology in the UK  
*Jessica Nielson Jones, City University*  
Paper 3  
Globalisation and internationalism of Counselling Psychology  
*Pam James, Independent Practice*  |
|        | 5398 Paper  
Counselling in UK secondary schools: A review of evidence, and the development of the ESRC-funded ETHOS trial  
*Mick Cooper, University of Roehampton*  |
| 15:00  | Tea, Coffee and Poster Presentations  
(Sandringham)  |
| 15:30  | Keynote  
(Regency)  
*Mother’s little helper? The effects of drug treatment for mental distress*  
*Dr Joanna Moncrieff, University College London*  |
**SATURDAY 9 JULY 2016 (only first authors listed)**

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<tr>
<th>Time</th>
<th>Buckingham</th>
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<tr>
<td>9:30</td>
<td>5524 Symposium</td>
<td>5508 Workshop</td>
<td>5482 Workshop</td>
<td>5532 Workshop</td>
<td>5500 Symposium</td>
<td>5493 Paper</td>
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<td></td>
<td>Building the evidence base for Counselling Psychology: Reports from a university research clinic</td>
<td>Basic neuropsychological awareness; assessment and formulation without psychometric tests</td>
<td>The questions I would like to ask but never do: A workshop for trainees</td>
<td>Discourse in the therapy room: The application of social constructionist methods in challenging mental health settings</td>
<td>System update: Rethinking theory and practice in light of digital technologies</td>
<td>Technology and the ex-factor: Post-relationship behaviours in an online context</td>
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<td></td>
<td>Mick Cooper, University of Roehampton</td>
<td>Hamilton Fairfax, Devon NHS Partnership Trust and University of West of England</td>
<td>Daisy Best, Teesside University</td>
<td>Richard Vincent, The School of Life/Private practice</td>
<td>Elaine Kasket, Regent's University London</td>
<td>Lindy Morrison, Regent's University London</td>
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<td>Paper 1</td>
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<td>Introduction to the symposium: Practical considerations for setting up and running a research clinic</td>
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<td>Tiffany Rameswari, University of Roehampton</td>
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*Meet the Keynote session*

*AGM (Edinburgh)*

*BBQ - Alfresco Restaurant*
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<tr>
<th>Time</th>
<th>Paper 2</th>
<th>Paper 3</th>
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<th>Paper 5</th>
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<tbody>
<tr>
<td>10:00</td>
<td>Assessing clients’ preferences for therapy: The Cooper-Norcross Inventory of Preferences (C-NIP) &lt;br&gt; Mick Cooper, University of Roehampton</td>
<td>Understanding teenage girls’ body-image construction and evaluation in the context of Instagram &lt;br&gt; Kathryn Ryan, Regent's University London</td>
<td>Integrating neuroscience into Counselling Psychology: Exploring the views and experiences of UK based Counselling Psychologists &lt;br&gt; David Goss, University of Manchester</td>
<td>Paper 4</td>
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<tr>
<td>10:30</td>
<td>Pluralistic therapy research: Investigations into shared decision-making &lt;br&gt; Adam Gibson, University of Roehampton</td>
<td>An Interpretative Phenomenological Analysis of psychodynamic supervisors’ experiences of countertransference in supervision &lt;br&gt; Marta Sant, University of Malta</td>
<td>Privacy regulation and “big data”: Psychological, relational, and professional challenges &lt;br&gt; Elaine Kasket, Regent's University London</td>
<td>Paper 5</td>
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<tr>
<td>11:00</td>
<td>Tea and Coffee (Ambassador)</td>
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<td>11:30</td>
<td>Division of</td>
<td>5165 Workshop</td>
<td>5505 Workshop</td>
<td>5481 Workshop</td>
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<td>Paper 3</td>
<td>An introduction to Tiny texts and Working</td>
<td>How using</td>
<td>Transcending</td>
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| 12:00 | **Development in Counselling Psychology graduates: How can training programmes and the DCoP support leadership development in Counselling Psychology trainees?**  
  Tasim Martin-Berg, Glasgow Caledonian University | **Neuropsychotherapy**  
  Tony Ward, UWE  
  speed vivas: Tools for positioning and arguing the contribution of your research  
  Elaine Kasket, Regent's University London  
  psychological theory and a constructivist approach towards teaching can help Counselling Psychology trainees better understand psychotherapy integration  
  Alex Kyriakopoulos, Teesside University  
  independently - Setting up your own psychology practice  
  Daisy Best, Teesside University | **Trauma: Connecting to life in the face of death**  
  Lucy Longhurst, City University London |
| 12:30 | **Lunch** (Ambassador)                                                                                                     |                                                                                                        |
| 13:30 | **A mixed method Delphi study to determine professional consensus on the key elements of outpatient**  
  Pecha Kucha Presentations  
  5628  
  A phenomenological study of loneliness amongst midlife lesbian women  
  Victoria Galbraith, | **Pecha Kucha Presentations**  
  5628  
  A phenomenological study of loneliness amongst midlife lesbian women  
  Victoria Galbraith, | **Advancing compassionate practice in threat-focussed environments**  
  Alison McGourty, SLaM NHS |
|       | **5202 Workshop**  
  Everything you ever wanted to know about the Qualification in Counselling Psychology  
  5519 Paper  
  Leading the market: Understanding who your customers are and how to have more of them  
  David Morrison, Glasgow Caledonian University | **5519 Paper**  
  Leading the market: Understanding who your customers are and how to have more of them  
  David Morrison, Glasgow Caledonian University | **5514 Paper**  
  Advancing compassionate practice in threat-focussed environments  
  Alison McGourty, SLaM NHS |
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<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Institution(s)</th>
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<tr>
<td>Psychodynamic Group Psychotherapy (PGP) for psychosis</td>
<td>Natalia Solovieva</td>
<td>Regent's University, London</td>
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<td>Is personal therapy relevant to CBT clinical practice?</td>
<td>Ariele Noble</td>
<td>University of Roehampton</td>
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<tr>
<td>Inter-personal without the person: A conversation analysis and discursive psychology investigation into the way client and counsellor manage their relationship during online counselling</td>
<td>Richard Vincent</td>
<td>The School of Life/Private practice</td>
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<td>BPS Qualification in Counselling Psychology</td>
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<td>their understanding of clinical evaluation and audit frameworks</td>
<td>Alex Kyriakopoulus, Teesside University</td>
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<td>How do mephedrone users experience and make sense of their problematic use: Interpretative Phenomenological</td>
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<td>14:00</td>
<td>5364 Paper</td>
<td>&quot;Victim cast as perpetrator&quot;: Men’s experiences of the criminal justice system following female-perpetrated intimate partner violence</td>
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<td>Walking in their shoes: An exploration of Black African and Black Afro-Caribbean clients experience of accessing Primary Care Services</td>
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<td>The Experience and meaning of compassion and self-compassion for individuals with an eating disorder presenting for Compassion Focused Therapy</td>
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<td>5531 Paper</td>
<td>Romantic couples and autism spectrum disorder: An inter subjective approach</td>
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<td>5506 Paper</td>
<td>Factors affecting individual vulnerability to burnout and insights into improving workplace resilience</td>
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POSTERS (WILL BE DISPLAYED OVER BOTH DAYS) A-Z ORDER BY FIRST AUTHOR

5267 Living with acquired brain injury from a young adult’s perspective: The implications for Counselling Psychology  
Erin Elizabeth Seeto, City University London

5515 A qualitative study of the impact of group dream work on psychotherapists’ personal and professional development  
Maryna Bentley, University of West of England

5517 Private Matters: Counselling Psychologists’ early experiences of working independently  
David Morrison, Glasgow Caledonian University

5523 Assessing the stress and resilience levels amongst health care workers providing emergency obstetric care in Sierra Leone  
Judith Ormrod, University of Manchester

5535 Counselling Psychology Contributions to a Community Cardiovascular Team  
Zsuzsanna Hutchinson, Liverpool Heart and Chest Hospital

5542 Reading and writing for well-being: A qualitative exploration of the therapeutic experience of adult participants in a bibliotherapy and creative writing group  
Brianna Malyn, University of the West of England

5556 Psychotherapists’ experiences of non-intentional client death: A systematic review  
Didier Danillon, University of Manchester

5558 Non-suicidal self-injury (NSSI): A qualitative survey study  
Lorna Robinson, University of the West of England
"We are not all dangerous and crazy" Constructions of voice hearing: A critical discursive analytic approach
Rebecca Aloneftis, City University London

Exploring therapists’ understandings of child sexual abuse and the impact of this on their practice with adult ‘survivors’: A discursively informed thematic analysis
Lynn Suter, Lifecentre/UEL

IPA study exploring astronaut experiences of seeing planet Earth from space: Implications for well-being and Counselling Psychology
Annahita Nezami, City University London

Exploring the psychological processes of lone fatherhood: A grounded theory approach
Anna Hovris, London Metropolitan University

What are the experiences of young gay/lesbian women (18-25 years) in coming to terms with their sexual orientation?
Sarah Jones, Keele University

How do clients who meet the criteria for Borderline Personality Disorder experience the therapeutic relationship?: An interpretative phenomenological analysis
Samantha Dewhurst, University of Surrey

Working with self-harm: An interpretative phenomenological analysis of the experiences of counselling psychologists
Amirah Iqbal, University of Wolverhampton

Exploring the personality traits of trainee psychologists and their motivations to become registered
Manpreet Kaur, University of Wolverhampton

Who are the leaders and where are they working; Mapping our clinical leadership in terms of the service where they are
Philippa Capel, 2Gether Trust

Words crossing worlds: Perception of post-traumatic stress symptoms related with bullying in the workplace: A systematic review
Nancy Leaver, University of Manchester

Counselling Psychologists experiences of transference and counter-transference when working with clients who have experienced abuse
Carly Malcolm, Glasgow Caledonian University

Case management supervision for psychological wellbeing practitioners working within IAPT services: A thematic analysis
Alexandra Painter, University of the West of England
What is the experience of families who have used Open Dialogue in the NHS?
Jack Closs, City University

A road (slightly) less travelled: A qualitative exploration of British women’s experiences who are childfree through choosing
Mary Hill, University of the West of England

What could psychological therapists do better? A systematic review of client accounts of unsatisfactory experiences
Caroline Vermes, University of Manchester

The lived experience of mothers who have navigated alcohol addiction and child protection services in England
Gail Freedman, University of Wolverhampton

How therapists establish trust with clients who dissociate and have a history of trauma: An Interpretative Phenomenological Analysis
Christina Theodoridu, Glasgow Caledonian University

A thematic analysis of the experience of person-centred counselling for clients with multiple sclerosis: A pilot study
Rosemarie Lynass, Glasgow Caledonian University

What is it like for adolescents with ASD to move onto secondary school? A grounded theory approach to explore this period from different perspectives
Cheryl Watkins, University of Wolverhampton

Maternal ambivalence in the transition to motherhood: A narrative analysis
Sharon Collins, University of the West of England

‘The means to survive’: South Asian women’s perspectives of self-harm
Aishwarya Sambath, City University London

A qualitative study of the factors influencing couple adjustment to a diagnosis of chronic fatigue syndrome
Jennifer Tell, University of Wolverhampton

Living clean & eating green: Unhealthy attitudes to healthy eating
Joanna Harvey, City University

Identity, intimacy, and self-other relations: Constructing asexual identities and intimacy in a sexualised world. A critical discursive account
Nina Nouripanah, Regent's University London

Technology and the ex-factor: A mixed methods study of online abusive behaviours after relationship endings among UK adults
Lindy Morrison, Regent's University

5647 What is the process underpinning the psychologist's perception of and responses to the client's system of support in their therapeutic work with adults with learning disabilities?
Michelle Benson, Regent's University London

5648 The Trainee Counselling Psychologist’s perspective of the therapeutic uses of self in online text based counselling
Gregory Warwick, University of Manchester

5649 How do transgender individuals decide when to begin hormone treatment? A grounded theory analysis of this decision making process and how it can be best supported
Loa Sofie Wamsler, London Metropolitan University

5653 Experiences of students from a refugee background in higher education: A systematic review of qualitative evidence
Doireann Mangan, University of Manchester

5654 Experiences of women attending an NHS specialist psychotherapy service for survivors of childhood sexual abuse
Rhea A. Williams, City University London

5655 What is known about the psychological health and well-being experiences of female military veterans?
Gemma Jones, University of Manchester

5656 Online dating experiences of individuals on the autistic spectrum
Ideh Massali, University of Wolverhampton

5657 An exploration of the meaning, perception and experiencing of failure in a therapeutic context among early career Counselling Psychologists
George Molesis, Glasgow Caledonian University

5658 From novice to expert: A qualitative investigation of the views and beliefs of Counselling Psychologists in training about working with clients experiencing eating disorders
Louiza Koen, University of Wolverhampton

5659 The age of anxiety: The experience of anxiety and attending to the body after completing a mindfulness-based stress reduction course
Jeeda Alhakim, City University London

5660 The facilitators, barriers and needs of individuals with Autism spectrum conditions accessing further and higher education: A systematic review
Nicky Toor, University of Manchester
What they thought then and how they think now: A qualitative exploration of the lived experience of adult adoptees of closed adoption and its' influence on their significant relationships
Jana Outerbridge, University of the West of England

Living and dying with lung cancer in Scotland: A literature review
Alison McLaughlin, Glasgow Caledonian University

Pride and prejudice: Maternal perspectives of disability, an interpretative analysis
Alexandra Oxley, SLaM

Constructing and deconstructing medically unexplained symptoms
Marianne Seabrook, London Metropolitan University

Walking in their shoes: An exploration of Black African and Black Afro-Caribbean clients experience of accessing Primary Care Services
Jennifer Chigwende, City University

Managing parallel life stages: A quantitative study of psychological wellbeing, satisfaction with life, and parental sense of competence in parents at midlife
Ariana Jordan, University of East London

The experience and construction of selfhood & other in contexts of sexual identity persecution and displacement: A pluralistic qualitative analysis
Claudia Ezraelian, Regent's University