Dr Isha McKenzie-Mavinga

Dr Isha McKenzie-Mavinga is a Published Writer/Poet and Integrative Transcultural Psychotherapist, Lecturer, trainer and supervisor. She taught for twenty six years and is a fellow of the Higher Education Academy. She has published chapters in Working Interculturally in Counselling Settings [2002] The handbook of Transcultural Counselling and Psychotherapy [2011] and Making Research Matter.[2015]

Isha has worked in mental health, with women impacted by violence in relationships and as a student counsellor. Her approach facilitates dialogue and exploration of oppression, internalised oppression, stereotyping and power relationships. She is now semi retired and facilitates online transcultural supervision and therapeutic support. She has created a series of workshops supporting her books Black Issues in the Therapeutic Process. Palgrave Macmillan Publishers  [2009]. The Challenge of Racism in Therapeutic Practice. [2016])

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