Poster presentations

Poster sessions are chaired and themed in groups of up to ten posters. Each presenter will give a two minute summary of their work followed by a three-minute discussion facilitated by session chairs.

Poster session 1, Works in Progress Posters: **Wednesday 11th September 15.10-16.10**

*Note:* The works in progress poster session will not be chaired and instead of giving presentations about their posters, authors will stand by their posters and will answer questions.

**HEALTH BEHAVIOURS (5)**

- a. Predicting the impact of job satisfaction and relationships on health behaviour using the Integrative Model of Behaviour Prediction
  J. Barry

- b. Exercise adherence after joint replacement: A focus group study
  E. Magklara, V. Morrison, C. Burton

- c. Development of a measure to assess adherence to exercise.
  N. Beinart, J. Weinman, E. Godfrey

- d. The Role of Self-Efficacy in Change and Maintenance of Physical Activity
  M. Tang, D. Smith, D. French

- e. If Exercise is the Answer...why do we question it? Choice to Participate in Physical Activity in those at elevated risk of developing Colon cancer.
  K. Semper

**WOMEN’S HEALTH (5)**

- a. Exploring barriers specific to overweight women attempting to follow a healthy lifestyle throughout pregnancy and post-partum.
  J. Smith, M. Arden, P. Furness, H. Soltani

- b. Midwives’ Attitudes and Beliefs towards Childbirth
  K. Maher, L. Sparkes

- c. Exploring the impact of Polycystic Ovary Syndrome on Quality of Life
  S. Williams, D. Sheffield, R. Knibb

- d. Coping with endometriosis: Strategies employed by women with endometriosis and their male partners.
  H. Mitchell, L. Culley, C. Law, N. Hudson, E. Denny

- e. Dramatherapy for gynaecological cancer patients: A pilot study
  S. Archer, S. Buxton,

**PATIENT EXPERIENCE & HEALTH AND ILLNESS (11)**

- a. Towards an Understanding of the Impact of HIV Medication on Quality of Life in Uganda
  F. Martin, S. Russell, J. Seeley

- b. How Can We Improve Patient’s Experience of Office Based Surgery?
  B. Hudson, J. Ogden

- c. Predictors of poor adjustment in multiple sclerosis: Pay attention to diagnosis anxiety, fear and poor emotional support
  B. Jones, V. Senior

- d. Living with Amputation: An investigation of the patient and prosthetist experience
  C. Uytman, C. McVittie, K. Goodall
e. The patient experience of emotional distress in primary care: A qualitative study
J. McSharry, M. Moore, P. Little, L. Yardley, R. Muñoz, M. Bowden, A. Geraghty

f. Understanding the lived experience of stroke: Examining post-stroke self-management strategies using a model of successful ageing
J. Dryden, D. Dixon, M. Grealy, T. Quinn

g. British Migraineurs’ Experiences and Constructions of Living with the Condition: Intrapersonal Challenges and Interpersonal Costs
I. Williamson

h. The role of cognitive adaptation in psychological adjustment to renal failure
J. Hall, M. Arden

i. ‘Patients’ experiences of cancer-related hair loss and a camouflage-based support service’
M. Pilkington, D. Harcourt, N. Rumsey, D. O’Connor, J. Brennan

j. Patient experience of emergency pain management – Work in progress
L. Thoms, T. Williamson, J. Banerjee

k. Does seeing speakers’ gestures help people to understand their pain?
S. Rowbotham, J. Holler, A. Wearden, D. Lloyd

HEALTH PROFESSIONALS & SERVICE DELIVERY (6)

a. Do health professionals’ intentions to change practice predict self-reported practice change post-education in a low-income country?
L. Byrne-Davis, J. Hart, R. McCarthy, H. Slattery, G. Yuill, M. Jackson, A. Stevens, E. Moro, A. Obio, G. Byrne

b. A survey to explore access to childhood carrier testing for sickle cell diseases in the North West of England
M. Noke, A. Wearden, S. Peters, F. Ulph

c. Evaluating the ‘extra’ in ExtraCare: collaborative research between Aston University and the ExtraCare Charitable Trust.
B. Hagger, K. West, R. Shaw, J. Collins, L. Liddell, S. Willis, D. Clarkesmith, C. Holland (PI), A. Bradbury

d. A Theory Based Evaluation of a Staff Communication Training Program
C. Murray, A. Gilinsky, J. Hutton, D. Dixon

e. A study into the effectiveness of a postural care education program to improve self-efficacy in parents and teachers who are responsible for the postural care needs of disabled children.
S. Hotham, K. Hamilton-West, E. Hutton, A. King

f. Understanding Public Attitudes to Organ Donation: A Media Analysis
P. B. Hutchings, P. Grey, S. Manchipp, C. Phelps

COGNITIONS (4)

a. Heart age versus percentage risk: A randomised trial to investigate the psychological and behavioural outcomes of communicating cardiovascular disease risk in different formats
C. Bonner, J. Jansen, L. Irwig, B. Newell, J. Doust, P. Glasziou, A. Teixeira-Pinto, S. McKinn, K. McCaffery

b. Self-affirmation and the impact of the nature of the health information on message acceptance and subsequent behaviour.
K. Fox, P. Harris, D. Jessop

c. Normative misperceptions of suicidal and self-harming behaviours in an undergraduate student population
J. Quigley, S. Rasmussen, J. McAlaney

d. Processes of Behaviour Change Initiation in Adults At Risk of Type 2 Diabetes
K. Blockley, A. Howe, J. Smith

REVIEW & SYN (6)
a. A systematic review of psychosocial interventions to improve body image in adult women with, and without, breast cancer  
H. Lewis-Smith, P. Diedrichs, N. Rumsey, D. Harcourt

b. GPs’ and patients’ views and experiences of discussing lifestyle behaviour change: a meta-synthesis  
A. Dewhurst, S. Peters, J. Hart, A. Chisholm

c. Does self-efficacy influence recovery and well being outcomes in osteoarthritis patients undergoing joint replacement? A systematic review  
E. Magklara, V. Morrison, C. Burton

d. Psychological interventions for reducing postoperative morbidity in dental surgery in adults: A systematic review  
H. Buchanan, N. Coulson, A. van Wijk

e. Individual effects of self-management intervention components: a meta-analysis  
T. Hamilton-Barclay, D. Dixon, S. Ramussen, K. Kavanagh, C. Robertson

f. An intervention to increase the uptake of NHS Stop Smoking Services – pilot phase feasibility and recruitment.  
M. Sweeney Magee, H. Gilbert, S. Sutton, I. Nazareth, R. Morris

TECHNOLOGY & HEALTH (5)

a. Living with Complex Regional Pain Syndrome: exploring patient experience through a new innovative online discussion forum and collaborative writing task  
N. S. Coulson, J. Gavin, K. Rodham, L. Watts

b. Could persuasive technology be used to increase physical activity in people with COPD? Opinions of the target population and other stakeholders  
Y. K. Bartlett, M. S. Hawley, P. Sheeran, T. L. Webb

c. The Effectiveness of Interactive Computer-based Interventions for Sexual Problems in Adults: A Systematic Review and Meta-analysis  
L. Hobbs, E. Murray, J. Bailey

d. Are digital interventions effective at influencing alcohol and tobacco use behaviours in adolescents and young adults? A Systematic Review Protocol  
S. Voolma, S. Sutton, F. Naughton

e. Assistive technology for multiple sclerosis: A focus group study  
L. Squires, V. Morrison, N. Williams
HEALTH PSYCHOLOGY IN ACTION (12)

a. Health and Care Services for Older People with Vision Impairment
   M. Dahdah, A. Burton, R. Shaw, R. Marsden, J. Gibson

b. Living with Charcot-Marie-Tooth Disease: A Qualitative Analysis
   K. Talsania, C. Lafarge, J. Townshend, P. Fox

c. Perinatal grief following pregnancy termination for fetal abnormality: The impact of coping strategies
   C. Lafarge, K. Mitchell, P. Fox

d. Evaluation of a Primary Care Pain Management Programme
   P. Hill, K. Tudor, J. Goodby, L. Chipchase

e. Using patient feedback to change clinical behaviour: the anaesthetists' perspective***
   D. D’Lima, A. Nelson, J. Benn

f. Audit of the role of the key worker at the Welsh Spinal Cord Injury Rehabilitation Centre
   H. Coulson, J. Moses, S. Moss, A. McCulloch

g. 'It is fantastic that late effects have been recognised and understood' Evaluating a newly designed multidisciplinary brief intervention for women living with the long term consequences of radiotherapy treatment for breast cancer.
   C. Howard, L. Packer, C. McCabe, D. Moorehouse, S. Mancero, V. Wolstenholme, B. McGee

h. Not just for research: The role of process evaluation in enhancing health promotion in established practice.
   F. Beck, M. Koseva, F. Gillison

i. An exploratory investigation into chronic back pain patients' cognitive and affective beliefs underlying how they cope with their pain
   J. Carroll, H. Poole

   C. Phelps, P. Hutchings, C. Hughes, A. Baker, Helen French

k. Supporting the development of Health Psychology training in Lanarkshire
   A. Gilinsky, J. Hutton, C. Murray, H. Locke

l. Using the Theory of Planned Behaviour and self-identity in an intervention to increase chlamydia testing amongst young people living in deprived areas
   A. Booth, P. Harris, E. Goyder, P. Norman, M. Campbell

POSTERS

GROUP 1

HEALTH PROFESSIONAL & SERVICES (6)

a. Community Pharmacists' experiences of providing behavioural advice to patients with cardiovascular disorders
   K. Morton, H. Pattison, C. Langley, R. Powel

b. Why do patients’ experiences of treatments for back pain vary between the NHS and private settings? Using practitioners’ experiences to create an explanatory model.
   K. Bradbury, F. Bishop, L. Yardley, G. Lewith

c. Understanding the barriers to health care professionals’ decisions about whether to offer NHS Health Checks
   A. Cross, R. Baker,
d. Stress in the ‘rabbit warren’: understanding the impact of the physical and social environment on nurses in the neonatal intensive care unit (NICU)
E. Doe, J. Turner-Cobb, M. Osborn

e. How do professionals view childhood carrier testing and identification for sickle cell diseases?
M. Noke, A. Wearden, S. Peters, F. Ulph

f. Perceptions of Diabetes service redesign: patient views on the impact of continuity of care
A. Cross

LONG TERM CONDITIONS 1: INDIVIDUAL & CAREGIVERS (6)

a. Knowledge is Power’ vs. ‘Ignorance is Bliss’: Exploring the Health Information Seeking Behaviours of People Living With Long-Term Conditions
K. Greenwell, A. van Wersch, S. Corbett, R. Walker

b. Investigating the Impact of a Positive Affect Intervention in People with Diabetes
M.R. Patel, M. Harrison, A. Jackson, S Williams

c. Towards a Better Understanding of MS Pain: A Systematic Review of Potentially Modifiable Psychological Factors
A. Harrison, R. Moss-Morris, L. McCracken, A. Bogosian

d. ‘It [painting] gave me something big in my life to wonder and think about which took over the space... and not MS’: A phenomenological study of managing well-being in multiple sclerosis through art-making.
L. Hunt, F. Reynolds,

e. ‘It’s like a bag of pick and mix - you don’t know what you are going to get’: Young peoples’ experiences of neurofibromatosis type 1 (NF1)
J. Barke, D. Harcourt, J. Coad

f. 'I’ll be alright tomorrow'. Exploring patient delay in monitoring and responding to symptoms of infection during chemotherapy.
B. Clark-Dowd, N. Asbury,

COGNITIONS 1 (7)

a. Providing cognitive support for health values. Effects on weight loss amongst dieters.
P.J. Wood, K. Tapper

b. Evidence that self-affirmation improves treatment adherence in patients receiving haemodialysis: A Cluster randomised controlled trial

c. Single case study exploration of the utility of feedback in changing self efficacy
C. O'Donnell, S. Webster, J. McKechnie

d. Self-affirmation can promote open-minded rejection of health messages
A. Good, P. Harris, D. Jessop, C. Abraham

e. Is 12 weeks long enough? The Emotional Stroop task as a means of assessing benefit-finding in a sample of UK military personnel who have received psycho-educational input following a mild traumatic brain injury (mTBI) event.
H. Brunger, J. Ogden

f. Quick to judge: Using experimental methods to explore implicit attitudes towards different genetic conditions and their influence on intentions to undergo genetic testing.
P.B. Hutchings, E. Fitzgerald, C. Phelps

g. Why people cope in the way they do: the role of emotions and action tendencies in adjustment to cardiac surgery
H. Watkins, R. Lowe, P. Bennett
GROUP 2

HEALTH PROFESSIONALS & SERVICES 2 (5)

a. Beyond the fit note: what services do GPs want to return patients to work?
   F. Fylan, B. Fylan Gwynn, L. Caveney

b. What becomes of the 'broken' hearted: the role of the specialist nurse in providing psychosocial support for patients with heart failure
   L. Lord, G. Dowswell

c. A mixed methods exploratory study of school nurses’ attitudes and beliefs regarding the National Child Measurement Programme (NCMP) and child weight management services.
   L. Atkinson, E. Olander, D. French

d. Psychological wellbeing and resilience in aged care nurses
   S. Morrissey, S. Mackenzie, E. Conlon

e. The experience of adults who have received a deceased kidney transplant: Implications for a UK renal service
   D. Ó Lonargáin, C. Murray, D. Brannigan

LONG TERM CONDITIONS 2 (5)

a. Illness perceptions and locus of control predict asthma control in a student population
   A. Baraniak, R. Knibb, C. Stalker

b. How individuals with Muscular Dystrophy construct and cope with the condition: A Q-methodological exploration
   N. Wood, I. Williamson, K. Quincey

c. The Hospital Anxiety and Depression Scale does not provide accurate estimates of depression and anxiety severity for patents with multiple long term conditions.
   C. Gibbons, P. Coventry, C. Kenning, P. Bower

d. Death Anxiety, Depression, and Coping in Family Caregivers
   V. Semenova

e. The emotional demands of caring for a dying person at home: findings from the ‘Unpacking the home’ study

COGNITIONS 2 (6)

a. Patient perceptions of heart age: A qualitative 'think aloud' study of online cardiovascular disease risk calculators
   C. Bonner, J. Jansen, L. Irwig, B. Newell, J. Doust, P. Glasziou, H. Dhillon, K. McCaffery

b. Treatment beliefs, advertising, and informed consent: The contents and functions of acupuncture information leaflets
   F.L. Bishop

c. Pain Severity, psychological distress and emotional connectedness in women with persistent pain.
   S. Morrissey, E. Henne

d. The effects of anti-vaccine conspiracy theories on vaccination intentions
   D. Jolley, K. Douglas

e. Incentivising pill-taking: assessing the impact of financial incentives on the processing of risk-relevant information
   E. Mantzari, F. Vogt, T.M. Marteau

f. Characteristics of traumatic dental experiences and the prevalence of post-traumatic stress symptoms among individuals with dental anxiety
   H. Buchanan, B. Swimer
Poster session 3: Friday 13th September 11.00 – 12.10

GROUP 1

FOOD & EATING BEHAVIOURS (4)

a. Exploring the meaning and impact of food allergy as a unique chronic condition in children and teenagers
   R.C. Knibb, C. Stalker, S. Croker

b. Effects of visualization for increasing intentions to consume fruit when combined with a health message and use of first-person perspective
   K. Appleton, L. Rennie, A. Uskul, C. Adams

c. Affective attitudes within the theory of planned behaviour: Qualitative research on fruit and vegetable consumption in young men in the UK.
   S. Howard Wilsher, R. Duffey, A. Fearne

d. British English translation of the Food Craving Inventory (FCI-UK)
   W. Nicholls, L. Hulbert-Williams,

PHYSICAL ACTIVITY & EXERCISE 1 (4)

a. The role of physical activity on the Adonis Complex™
   M. Eynon, R. Lowry

b. The Theory of Planned Behaviour as a predictor of physical activity intention in Royal Navy personnel
   K. Morton

c. Combining Behavioural Activation (BA) and Physical Activity (PA) in the BAcPAc study
   C. Greaves, P. Farrand, M. Hillsdon, C. Pentecost, R. Taylor, C. Green, P. Evans, A. Taylor

d. The influence of personality and social cognitive variables on objectively measured physical activity.
   G. Smith, L. Williams, C. O'Donnell, J. McKechnie

REVIEW (6)

a. Associations between illness beliefs and pain in Osteoarthritis: a systematic review
   N. Pouli

b. Social Support in Adolescents with Type 1 Diabetes: A Systematic Review of Social Support Intervention Studies
   E. Doe, J. Huber, S. Allen, M. Dobson

c. Theories of behaviour and behaviour change across disciplines: A systematic review
   S. Michie, R. Davis, E. Panagiotopoulou, R. Campbell

d. A systematic review of condom use interventions designed specifically for older adults
   J. MacDonald, K. Lorimer, C. Knussen, J. Pringle, G. Donald, A. Kelly, P. Flowers

e. The effectiveness of school-based interventions in changing adolescents’ attitudes towards dating violence: A systematic review.
   P. Joshi, C. Percy, K. Newby

f. Improving adherence to medication in bipolar disorder: A systematic review of interventions.
   L. MacDonald, S. Chapman, R. Horne

THE CANCER JOURNEY (5)

g. Living Life after Cancer Treatment: A support group evaluation
   N. Hulbert-Williams, S. Flynn, M. Tytherleigh, S. Roberts, E. Taylor

h. Measuring psychological adjustment to cancer: development and confirmatory psychometric analysis of the Psychological Impact of Cancer (PIC) Scale in a UK and Australian Cancer Sample
   N. Hulbert-Williams, L. Hulbert-Williams, H. Mulcare
i. Irish opinions of cervical cancer screening  
M. Kotzur, M. Murphy

j. Decision-making to uptake screening for inherited cardiac conditions among adolescents: The role of risk perceptions, risk as affect and social context  
M.Y. Hirst, L. Timotijevic, J. Barnett, S. Cox

k. The psychological impact of a bowel cancer diagnosis through screening: an interpretative phenomenological analysis  
L. McGregor, H. Chalkley, G. Black, C. von Wagner

QUALITATIVE 1 (5)

a. Living and coping with limb loss: An interpretative phenomenological analysis of amputees’ experiences.  
D. Clarke, S. Mullins

b. How women with postnatal mental illness use the internet: a qualitative analysis  
D. Moore, S. Ayers,

c. The impact of Polycystic Ovary Syndrome on quality of life: A photovoice study  
S. Williams, D. Sheffield, R. Knibb

d. A Qualitative Exploration of the Stress Phenomena within Public Health  
K Parm preet, R. Pire-Yfantouda

GROUP 2

FOOD & EATING BEHAVIOURS (3)

a. The Mindful Eating Scale: A Confirmatory Factor Analysis  
L. Hulbert-Williams, W. Nicholls, S. Flynn, N. Hulbert-Williams

b. A qualitative exploration of the allergy specialist’s experience of patients who present with ‘food intolerance’  
S. Clark

c. Increased fruit selection and consumption following an appearance-based vs a health-based motivational poster  
K. Appleton

PHYSICAL ACTIVITY & EXERCISE 2 (3)

a. Excuses, excuses, excuses: what are the barriers to participating in an antenatal physical activity intervention?  
S. Currie, L. Dunwoody, M. Sinclair, D. Liddle, M. Murphy, E. Madden

b. On your bike: enhancing an intervention to increase cycling  
L. Caveney, F. Fylan, B. Fylan Gwynn

c. Self-compassion and exercise maintenance  
T. Cassidy, A. Hamill

ALCOHOL (6)

a. A modified Delphi study to inform the development of an alcohol misuse intervention aimed at young people based on the Prototype Willingness Model.  
E.L. Davies, J. Martin, D.R. Foxcroft

b. Negative mood regulation, coping and alcohol consumption  
A. Hamill, T. Cassidy

c. Alcohol prototype perceptions, willingness and alcohol consumption in UK teenagers: Implications for an intervention based on the Prototype Willingness Model.
d. Tackling drink driving the morning after using a mobile phone app  
L. Caveney, F. Fylan, B. Fylan Gwynn

e. Binge drinking, alcohol expectancies and unplanned sexual behaviour: an exploration of gender differences  
R.M. Milani, J. Townshend, F. Hunt, A. Griffin

f. Binge-drinking, impulsivity and unplanned sexual behaviour  
J. Townshend, R. Milani, F. Hunt, A. Griffin

SMOKING (3)

M. Dewe, J. Ogden, A. Coyle

b. Exploring the process of smoking pre-initiation, initiation, maintenance and cessation for adolescent Somali, Bangladeshi and White British smokers  
R. Kalhar, R. Pires-Yfantouda,

c. Men and smoking: An exploration of factors influencing the maintenance of smoking and smoking cessation for gay and straight men  
G. Absalom, R. Pires-Yfantouda,

MISCELLANEOUS (6)

a. The relationship between stereotypes about helping professionals and help-seeking intentions for mental health problems  
L. Katsena, G. Dimdins

b. Psychosocial Factors as Predictors of Choice of Abstinence as Preferred Sexual Behaviour Among 9-12 Years Old  
C.O. Oluwatuwa

c. People produce more speech and gestures when pain is more intense  
S. Rowbotham, A. Wardy, D. Lloyd, A. Wearden, J. Holler

d. Mothers’ experience of Asthma-specific Triple P Positive Parenting Program and barriers to engagement  
S. Clarke

e. Exploring the moderating impact of contingent self-esteem on self-affirmation effects  
C. During, D. Jessop

f. Extending safe driving lives  
F. Fylan, L. Caveney, B. Fylan Gwynn

QUALITATIVE 2 (6)

N. Fauq-Juqula, F. Reynolds, C. Aymer

b. A study to evaluate the efficacy of a community pharmacy-based self-management intervention for people with asthma  
A.C. Murphy, J. Elander, H. Langton

c. A phenomenological study of experience of participation in an eight-week compassion focused, therapeutic well-being programme.  
A. Boden

d. Imagery and dental anxiety: An interview study exploring dental images and their effects on anxiety  
A. Schneider, D.R. Moles, J. Andrade, K. Tanja-Dijkstra

e. Origins and nature of patients’ expectations regarding acupuncture: a qualitative study  
F.L. Bishop, G. Lewith