POSTER SESSION 1
Wednesday 16th September 15.10-16.10
Posters presented by first authors unless a different author is underlined

WORKS IN PROGRESS POSTERS:
Note: Authors will stand by their posters and will be available to answer questions

Long Term Conditions

1. A systematic review of psychosocial self-management interventions to improve coping and resilience in common long-term conditions
   Michelle Constable, University of West of England, Catherine Meads, Brunel University, Jim McManus, Hertfordshire County Council, Elizabeth Jenkinson, University of West of England

2. Psychological distress in Inflammatory Bowel Disease: an ongoing qualitative study
   Anja Fischer & Peter Irving, Health Psychology Section, Institute of Psychiatry, Psychology, and Neuroscience, King’s College London; Rona Moss-Morris & Lyndsay Hughes, Health Psychology Section, Institute of Psychiatry, Psychology, and Neuroscience, King’s College London

3. An exploratory mixed methods study to explore the acceptability of an internet-based self-help intervention for people with tinnitus
   Kate Greenwell & Magdalena Sereda, NIHR Nottingham Hearing Biomedical Research Unit, Neil Coulson, University of Nottingham, Derek Hoare, NIHR Nottingham Hearing Biomedical Research Unit

4. Socioeconomic differences in help-seeking for possible breast cancer symptoms in the UK: A qualitative comparison study
   Afrodita Marcu & Katriina Whitaker, University of Surrey

5. A randomised controlled trial of brief Physiotherapy informed by Acceptance and Commitment Therapy for chronic low back pain (CLPB): The PACT Study
   Vari Wileman, KCL

Alcohol/Smoking

1. A comprehensive, multi-level investigation of the implementation of a novel digital substance misuse intervention, Breaking Free Online: conceptualising implementation processes within services using the MRC framework and health psychology theory
   Stephanie Dugdale & Sarah Elison, Breaking Free Online, Martha Dalton, Crime Reduction Initiatives, Glyn Davies & Jonathan Ward, Breaking Free Online

2. Exploring the views of South Asian males and Caucasian males on the occurrence of relapse during their cigarette smoking quit attempt: A qualitative study
   Ilham Khan, City University

3. Investigating the effect of Alcohol Brief Interventions within A&E departments
   Louise O’Rourke, NHS Fife

Chronic Illness

1. A systematic review of the role of illness perceptions in functional neurological symptom disorder
   Anne Coxon & Angeliki Bogosian, City University, London, Hilary Davison, Livability Icanho, Brain Injury Rehabilitation

2. Understanding prognostic uncertainty and its impact on people with multiple sclerosis
3. Psychoeducational interventions for rheumatoid arthritis: a systematic review of systematic reviews
Louise Prothero, Academic Department of Rheumatology, King’s College London/Florence Nightingale Faculty of Nursing and Midwifery, King’s College London, Elizabeth Barley, Florence Nightingale Faculty of Nursing and Midwifery, King’s College London, James Galloway, Academic Department of Rheumatology, King’s College London, Jackie Sturt, Florence Nightingale Faculty of Nursing and Midwifery, King’s College London, United Kingdom

4. Stress and coping in parents of children with neurodevelopmental conditions: an intervention development framework
Payal Sood, Paul Hutchings & Ceri Phelps, University of Wales Trinity Saint David

5. Prevalence and Impact of Genetic Muscle Disorders (MD-Prev)
Alice Theadom, Kerry Walker, Miriam Rodrigues & Richard Roxburgh, Auckland

Interventions I

1. Cognitive Behaviour Therapy for Insomnia (CBT-I): a pilot study to explore whether mode of delivery influences insomnia severity, daytime functioning and health-related quality of life
Belinda Hemingway, City University London

2. What are the most effective behaviour change techniques to promote physical activity and/or reduce sedentary behaviour in sedentary adults? A systematic review
Neil Howlett, University of Hertfordshire

3. An Online Educational Tool designed to reduce stress and boost well-being in people living with ileostomies
Johanna Spiers, University of Hull, Jonathan A Smith, Birkbeck, University of London, Phillip Simpson, York Teaching Hospital, Adam Nicholls, University of Hull

4. Use of online treatment to improve sleep after brain injury (SleepWell4Recovery)
Alice Theadom, Caroline Holder, Suzanne Barker-Collo, Kelly Jones, Margaret Dudley & Valery Feigin, Auckland

5. A patient-led botulinum toxin treatment model for blepharospasm and hemifacial spasm: study protocol for a randomised controlled trial
Sadie Wickwar, Hayley McBain, Stanton Newman, Shashivadan Hirani & Catherine Hurt, City University London, Nicola Dunlop, Moorfields Eye Hospital, Chris Flood, City University London, Daniel Ezra, Moorfields Eye Hospital

Interventions II

1. From theory-inspired to theory-based interventions: Developing and testing a methodology for linking behaviour change techniques to theoretical mechanisms
Rachel Carey & Caroline Wood, University College London, Marie Johnston, University of Aberdeen, Alex Rothman, University of Minnesota, Mike Kelly, University of Cambridge, Marijn De Bruin, University of Aberdeen, Lauren Connell & Susan Michie, University College London

2. A randomised control trial assessing the impact of an investment based intervention on weight-loss, beliefs and behaviour after bariatric surgery
Amelia Hollywood & Jane Ogden, University of Surrey, Majid Hashemi, University College London Hospital
3. Happy Being Me in primary schools: A controlled evaluation of a body image intervention for preadolescents  
   Hannah Jarman & Phillippa Diedrichs, Centre for Appearance Research, University of the West of England

4. Feasibility study of an online mindful eating intervention  
   Eavan McCarthy, John Greaney & Stefan Paz Berrios, Dun Laoghaire Institute of Art, Design and Technology

5. The impact of hand hygiene messages in public toilets  
   Jonathan Siger, Middlesex University

6. Guildford Hypertension 2000: A randomised control trial of exercise interventions to increase levels of physical and sporting activity  
   Anna Whittle & Chris Fife-Schaw, University of Surrey

Diabetes

1. Migrant South Asian Women’s Experiences of Living with Type Two Diabetes: An Interpretative Phenomenological Analysis  
   Sangeeta Dhir, Atiya Kamal & Sophie Williams, University of Derby

2. Social support during pregnancy with Gestational Diabetes Mellitus: Exploring post-natal women’ perspectives  
   Kalsoom Akhtar, Triece Turnbull, City University, London, David Simmons, Cambridge University Hospital

3. Exploring the role of online support groups for adolescents with type 1 diabetes and parents of adolescents with type 1 diabetes during the transition from paediatric to adult diabetes services  
   Karen Shepherd, University of Nottingham

4. The role of psychosocial factors in adherence to structured diabetes education  
   Corina Mason, Judith Okely, University of Stirling/NHS Ayrshire and Arran, Andrew Collier, NHS Ayrshire and Arran, Vivien Swanson, University of Stirling

5. Identification of barriers and facilitators to diabetes self-management in people with severe mental illness: a qualitative study using the Theoretical Domains Framework  

Miscellaneous

   Laura Condon & Neil Coulson, Division of Rehabilitation & Ageing, School of Medicine, University of Nottingham

2. Effects of mindfulness on psychological distress and romantic relationships  
   Eniko Csilla Kiss & Dora Vajda, Institute of Psychology, University of Pecs, Hungary

3. The needs of lesbian, gay, bisexual and transsexual (LGBT) who are affected by dementia: A comprehensive scoping review  
   Joanna Semlyen, London Metropolitan University, Joanne Brooke, College of Nursing and Midwifery, University of West London