Nanette Mutrie is Chair of Physical Activity for Health at the University of Edinburgh, Scotland and directs the Physical Activity for Health Research Centre there. She is an Honorary Fellow of BASES and a Chartered Psychologist with the British Psychological Society. She has extensive experience of conducting interventions aimed at increasing physical activity. She has contributed to policy, for example, ‘Let’s make Scotland more active’, and the National Institute of Health and Clinical Excellence (NICE) physical activity programmes (www.nice.org.uk). Her most recent textbook of interest to BPS is Biddle SJH, Mutrie N, Gorely T. Psychology of Physical Activity. Determinants, well being and interventions. Third ed. London: Routledge, 2015. Nanette was awarded an MBE in 2015 for services to physical activity for health.

Webpage: www.ed.ac.uk/education/pahrc